

## PRE-CONGRESS TRAINING WORKSHOP

FRIDAY | DAY 1: **SEPTEMBER 20, 2024**

RASHID HOSPITAL

### SESSION I

#### **Special Training Workshop**

Chair: Dr. Meera Galadari (UAE)

08:30-09:30

Working with People with Schizophrenia and their Family  
Dr. Zainab Khan (UAE) & Dr. Layla Hassan (UAE)

### SESSION II

#### **Special Training Workshop**

Chair: Dr. Mohsen AlShamy (UAE)

09:30-10:30

A Life with Bipolar Disorder: Learning Coping Skills - The Hard Way  
Dr. Syed Bokhari (UAE) & Dr. Ansam Mohamed (UAE)

### SESSION III

#### **Special Training Workshop**

Chair: Dr. Iman Hassan (UAE)

10:30-11:30

It Is OK to Not Be OK – Depression: Real Experiences  
Dr. Faisal Nawaz (UAE) & Dr. Gloria Alex (UAE)

### SESSION IV

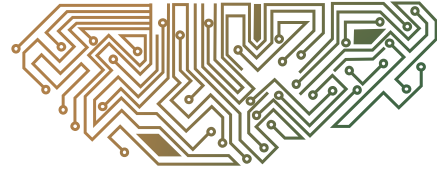
#### **Special Training Workshop**

Chair: Dr. Ahmad AlDashti (UAE)

11:30-12:30

#### **Let's Talk Facts About Phobia**

Dr. Bashayer AIMaazmi (UAE) & Dr. Hussam ElSharairi (UAE)



## CONGRESS

FRIDAY | DAY 1: SEPTEMBER 20, 2024

02:00 - 02:05

### Opening Ceremony

Dr. Alya AlMidfa (UAE) & Dr. Kawthar Bin Ismail (UAE)

02:05 - 02:10

Welcome, Objectives & Introduction

Dr. Samia AlKhoori (UAE)

Congress President

President, Emirates Society of Mental Health (ESMH)

President, Arab Federation of Psychiatrists (AFP)

02:10 - 02:20

Opening Speech

Chief Guest (UAE)

02:20 - 02:25

ESMH Excellence Star Award

Dr. Samia AlKhoori (UAE)

02:25 - 02:30

Appreciation & Awarding

Dr. Samia AlKhoori (UAE)

### SESSION VI

### Plenary Session

Chair: Dr. Samia AlKhoori (UAE)

02:30 - 02:50

Artificial Intelligence and Suicide Prevention

Dr. Mai ElAssy (Kuwait)

02:50 - 03:10

Recent Advances in the Neurobiology of Resilience

Prof. Charlotte Kamel (Bahrain)

03:10 - 03:20

Discussion

### SESSION VII

### Special Symposium

### Artificial Intelligence and Mental Health

Chair: Dr. Azhar AbuAli (UAE)

03:20 - 03:40

Basis & Trends of Using Artificial Intelligence in Cognitive Behavior Therapy

Dr. Reham Aly (Egypt)

04:40 - 05:00

Artificial Intelligence in Mental Health Care: Tailoring Interventions for A Globalised World

Dr. Aram Hasan (UAE)

05:00 - 05:10

Discussion

### SESSION VIII

### Keynote Presentation Session

Dr. Entisar Bin Haider (UAE)

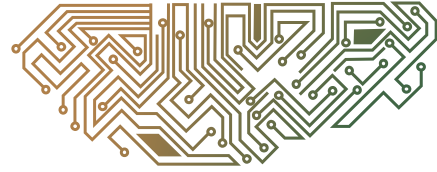
05:10 - 05:30

Ethics of using Artificial Intelligence in Mental Health

Dr. Hamad AlSenawi (Oman)

05:30 - 05:40

Discussion



## CONGRESS

FRIDAY | DAY 1: SEPTEMBER 20, 2024

05:40 - 06:00 **Break - Poster Presentation**

### SESSION IX

#### ***Debate Session: Artificial Intelligence in Mental Health: Risks & Benefits***

*Chair: Dr. Mona ElQedrah (UAE)*

06:00 - 06:20 What Are the Benefits of Artificial Intelligence in Mental Health?  
Prof. Talaat Matar (UAE)

06:20 - 06:40 What Are the Risks of Artificial Intelligence in Mental Health?  
Dr. Amr Nour Eldin (UAE)

06:40 - 06:50 Discussion

### SESSION X

#### ***Meet the Expert: Artificial Intelligence and Addiction***

*Chair: Dr. Hawraa Sajwani (UAE)*

06:50 - 07:10 Artificial Intelligence in Opioid Addiction  
Dr. Ahmad Yousuf (UAE)

07:10 - 07:30 From Screen to Reality: Managing Internet Addiction for A Balanced life  
Dr. AbdelAzim Ali (UAE)

07:30 - 07:40 Discussion

07:40 - 08:00 **Break - Poster Presentation**

### Session XI

#### **Satellite Symposium Hosted by Lundbeck**

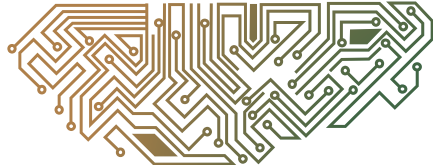
08:00 - 09:00 TBA  
TBA

09:00 - 09:10 Discussion

### SESSION XII

#### **Special Meeting**

09:10 - 10:00 Emirates Society of Mental Health (ESMH) - Executive Board Meeting



## CONGRESS

SATURDAY | DAY 2: SEPTEMBER 21, 2024

### SESSION XIII

#### **Informative Session: Halek Le Hamek Remot Medical Consultancy**

*Chair: Ms. Maitha AlKendi (UAE)*

09:00 – 09:20 E Consults in Psychiatry  
Dr. Fatema AlMansouri (UAE)

09:20 – 09:30 Discussion

### SESSION XIV

#### **Special Symposium: Adolescent's Brain Verses Impact of Trauma**

*Chair: Dr. Leena Amiri (UAE)*

09:30 - 09:50 Adolescent's Brain and Beyond  
Dr. Bibi AlAmiri (Kuwait)

09:50 - 10:10 Mental Health and Impact of Trauma on Individuals  
Dr. Amnah AlMesmari (UAE)

10:10 - 10:20 Discussion

### Session XV

#### **Satellite Symposium Hosted by Johnson & Johnson**

10:20 - 10:40 TBA  
TBA

10:40 - 10:50 Discussion

10:50 - 11:05 **Break – Poster Presentation**

### SESSION XVI

#### **Clinical Experience Session: Old Age and Artificial Intelligence**

*Chair: Dr. Hind AlRustamani (UAE)*

11:05 - 11:25 The Role of Artificial Intelligence in Dementia Care  
Dr. Nasir AlZbeidi (UAE)

11:25 – 11:45 Recent Advances in the Management of Alzheimer's Dementia  
Dr. Tariq Qassem (UAE)

11:45 - 11:55 Discussion

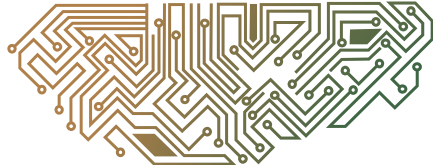
### SESSION XVII

#### **Learning Session: Psychiatrists View on Artificial Intelligence**

*Chair: Dr. Salwa AlHosani (UAE)*

11:55 - 12:15 Psychiatrists View on Artificial Intelligence: Advantage and Drawbacks  
Dr. Ahmed AlAnsari (Bahrain)

12:15 - 12:25 Discussion



## CONGRESS

SATURDAY | DAY 2: SEPTEMBER 21, 2024

### SESSION XVIII

#### **Hot Topic: Neurodiversity and Neuroplasticity**

*Chair: Dr. Hind AlAli (UAE)*

12:25 - 12:45 Embracing Neurodiversity in the Workplace: How Different Minds Can Drive Profit!

Dr. Amanda Mataija (Czech Republic)

12:45 - 01:05 Clinical Implication of Neuroplasticity

Dr. Hussein Omar (UAE)

01:05 - 01:15 Discussion

01:15 - 01:45 **Prayer & Break - Poster Presentation**

### SESSION XIX

#### **Discussion Session**

*Chair: Dr. Amna AlFelahi (UAE)*

01:45 - 02:05 Migration and Mental Health: Challenges and Support System

Dr. Ameet Talreja (UAE)

02:05 - 02:25 Bridging the Interface Between Psychiatry and Psychology

Ms. Rassil Ghazzaoui (UAE)

02:25 - 02:35 Discussion

### SESSION XX

#### **Special Symposium: The Power of Artificial Intelligence in Education**

*Chair: TBA*

02:35 - 02:55 Understanding the Impact of Effective Mentorship

Dr. Muhammad Naeem (UK)

02:55 - 03:15 Artificial Intelligence Shaping the Future of Education

Dr. Zerah AlSalihy (Qatar)

03:15 - 03:25 Discussion

### SESSION XXI

#### **Special Symposium: History of Artificial Intelligence**

*Chair: Dr. Maha AlAli (UAE)*

03:25 - 03:45 History of Artificial Intelligence and the Role of Artificial Intelligence in Healthcare

Eng. Ayman Dabees (UAE)

03:45 - 04:05 Psychology and Artificial Intelligence: Exploring the Relationship

Dr. Shaziya Rashid (UAE)

04:05 - 04:15 Discussion

### SESSION XXII

**TBA**

04:15 - 04:35 Closing Remarks

### SESSION XXIII

#### **Special Meeting**

04:35 - 05:35 Emirates Society of Mental Health (ESMH) - Executive Board Meeting